



All About Me

I.M. Socute

Fall 2018

My Family

- I live with my Mommy (**Veronica**), Daddy (**Matthew**), and my brother (**Peter**).
- We also have a dog (**Sniffles**) and a cat (**Spring**).
- We live in **Gainesville**.
- I also have grandparents (**MomMom** and **PopPop**), and we visit them often. They live in Vero Beach.



Medical/Health Information

- I have autism. I also have **seizures**. I take medication at home to manage my seizures.
- I am also **allergic to latex**.



When I Get Upset

- Please **give me space** to calm down when I get upset. I get nervous when someone gets into my personal space.
- Please **do not use too many words** or give directions when I am upset.
- You can help me calm down by **modeling** how to count down from 20 or how to take **slow, deep breaths**.
- Once I am calm, **redirect** me to an activity.
- I **don't like surprises**, so if you can, please always tell me (and **show me with pictures** or words) what is happening now and what is coming up next. (e.g., "First math, then recess.")
- It also helps if I can have some **choices** about what we are doing.



Tips for Talking to Me

- Please give me **concrete directions**. Tell me exactly what you want me to do.
- I may need a few **reminders** and help to get something done. I respond best to gestural prompts (**pointing**) and partial **verbal prompts** (e.g., "What do you need to do next" or "What are your friends doing?")
- I am **very visual**, so if you can show me what you want or what I am supposed to do, that usually helps.
- I can get stuck on talking about the same topic over and over (like **The Avengers** or **airplanes**). You can allow me to say one or two things about my favorite topic, but then please **redirect me**. If I have a hard time, you can remind me when I will be allowed to talk about my favorite topics again.



Mealtimes

- I may need some **assistance** with opening up packaged goods or cutting up larger food items. I might forget to ask for help, so please **prompt me**.
- I am usually willing to try new things if a teacher asks me to, but if I don't want to, please do not push me too hard. I am a bit of a **picky eater**, but my parents are working on this at home.
- Please help me remember to use my napkin, but I can **clean up by myself**.
- I prefer to use a **straw** when I drink.



Things That Motivate Me

- **I love being a helper.** If I feel like I am helping someone else, it helps me want to complete the task.
- I also love hearing that someone is **proud of me.**
- I love to show my family what I earned when I get home, especially how many **marbles** I earned that day.
- I also enjoy **small prizes or rewards** like erasers and extra time on the computer.



Things that Frustrate Me

- I may struggle when asking for help. I like to be very independent. Please encourage me to ask for help and provide me with **"help" pictures** around the room as a reminder.
- I get **frustrated** when someone doesn't understand what I am trying to say. You can help me by being patient and helping me figure out what to say using **words, gestures, pictures, or technology.**
- I may get upset when I haven't had a chance to finish what I was working on. You can help me by giving me a **warning** to let me know that the activity is almost over. You can also tell me when I will be able to finish my work later.



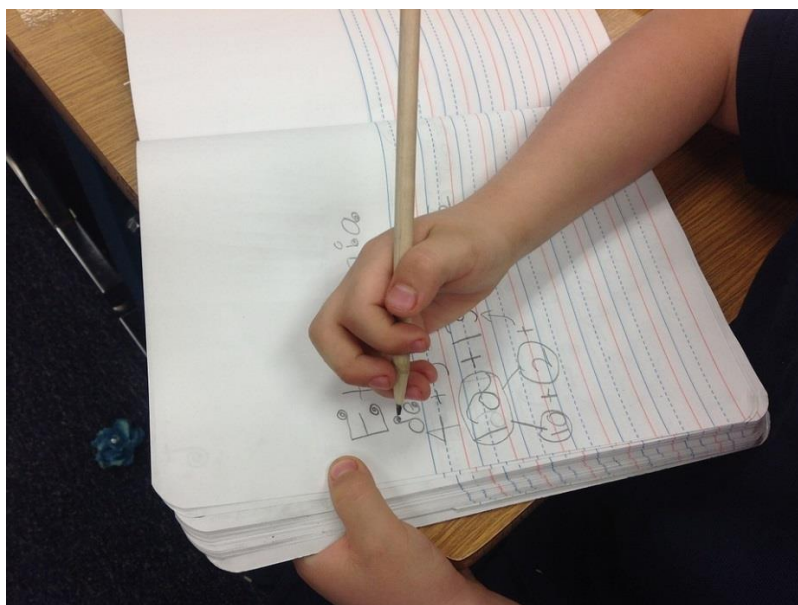
Things I Can Do By Myself

- I am able to go to the bathroom and dress myself, but I **may need help with buttons, zippers, or tying shoelaces.**
- I am able to eat by myself but may need **help opening packages or cutting up food.** I might need a **reminder** to use my utensil and not my fingers.
- I am able to write my **first name** all by myself.
- I can **count objects** but I cannot add them yet.
- I am good at **spelling 3-4 letter words** out loud, but I have a hard time writing them down.



Things I Need Help With

- buttons, zippers, and shoe laces
- opening packages
- inserting myself into social play (joining in)
- understanding social rules (taking turns, sharing, etc)
- transitioning between activities
- staying with the group (not wandering away)
- handwriting, especially holding my pencil the right way and making all of my letters look about the same size
- listening comprehension: I have a hard time explaining what happened in a story I have heard (wh-questions)



Sensory Considerations

- I am **sensitive to loud noises**. If I hear something loud, I will most likely cover my ears. If you can, please **warn me** that a loud noise is coming. It helps if I know what the noise is and that it is something that will end soon.
- I'm **easily distracted**; it may be best to sit me up front where there are **less visual distractions**.
- If I start to **hum or talk to myself**, it might mean I'm having a hard time regulating my senses. Please give me a **chance to move around**.
- It would be helpful if I could sometimes **choose where I complete my work** (sitting at my desk, standing at my desk, sitting in a beanbag with a clipboard for my work, etc.)



Emergency Information

- **Mom (Veronica)**
 - Cell- xxx-xxx-xxxx
 - Work-xxx-xxx-xxxx
- **Dad (Matthew)**
 - Cell-xxx-xxx-xxxx
 - Work-xxx-xxx-xxxx
- **Grandparent's** house number-xxx-xxx-xxxx
- **MomMom's** cell-xxx-xxx-xxxx
- **PopPop's** cell- xxx-xxx-xxxx



Thank you for helping me be successful this year!