

## **Toilet Training Steps to Success Checklist**

- \_\_\_\_\_ 1. Evaluate the Child's Abilities.  
*(Complete the related skills checklist at home and in school if possible.)*
  
- \_\_\_\_\_ 2. Evaluate the Child's Elimination Patterns.  
*(Collect data on toileting accidents and successes-- without diapers if possible.)*
  
- \_\_\_\_\_ 3. Summarize the communication, elimination and related skills information gathered on the Toilet Training: Current Information sheet provided in this handout.  
*(This is important to help you set goals and decide on training procedures)*
  
- \_\_\_\_\_ 4. Set Realistic Goals.  
*(Write your goals down on the worksheet provided in this handout.)*
  
- \_\_\_\_\_ 5. Recruit / enlist trainers.  
*(Who will carry out the training, parents, teachers, sitters, etc.?)*
  
- \_\_\_\_\_ 6. Establish a training plan.  
*(Write out your plan for when and how the training will occur on the worksheet provided in this handout.)*
  
- \_\_\_\_\_ 7. Obtain all necessary supplies and materials.  
*(Gather any necessary clothing items, communication supports, rewards, data sheets that you will need.)*
  
- \_\_\_\_\_ 8. Begin training.  
*(Try to stick to your plan but be flexible if you find you need to adjust your goals or training schedule to accommodate the learner or trainers.)*
  
- \_\_\_\_\_ 9. Evaluate the training.  
*(You will obviously have a good feel for how it is going based on how many accidents you are cleaning up but continue to record toileting successes and accidents on the data sheets provided. Sometimes real progress can be hard to see.)*